

HEATH VILLAGE

VOICE

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No Winter Doldrums Here at Heath!

Thanks to the Activities Department it was a busy winter filled with many new and fun things to do here at the Village.



My Favorite Valentine

Love was in the air for residents who chose to participate in the Handmade Valentine's Day Card Contest. Every card submitted was creative and colorful, making it very difficult to pick just one winner. While all deserving, special congratulations to first place winner Essie Cox. Well done everyone!

Baby Picture Contest!

Residents and staff alike had a great time trying to match baby pictures to those of residents and staff members. It was quite a challenge trying to figure out who was who. Congratulations to Kathy Grundy who was the winner with nine correct answers!



Leprechauns on the Loose

In March we had an invasion of mischievous leprechauns who were up to no good. Thankfully, we could count on our residents to help us find and stop them before they began their shenanigans. Those lucky enough to find them all were rewarded with a bit of gold.

Hot Cocoa Socials

While it was cold outside, residents stayed warm inside at the Hot Cocoa socials hosted by Activities throughout the winter. Residents gathered by neighborhood to enjoy not only a delicious hot drink but also some great live music by a variety of performers. Tasty, fun times!



Heath Village Voice
Heath Village
Hackettstown, NJ
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Editorial Staff:
Janice Cipriani
Melissa Nichols

Vaccination Victory!



It is hard to believe that an entire year has passed since the start of the pandemic. I know it has been a difficult year for all of us, but I am confident that things are moving in the right direction.

Heath Village has successfully completed six clinics resulting in 98% of our residents being fully vaccinated. In total, more than 500 residents and staff received the Pfizer manufactured vaccine. Thank you to all residents for their patience and cooperation during each clinic. I also wish to thank the staff who were involved in planning and managing each one. It was a herculean effort, but we got it done. Hooray for us.



I know everyone is anxious to stop wearing a mask, I am too. However, despite being fully vaccinated, you can still contract and carry the virus and possibly spread it to someone who has yet to receive the vaccine. The good news about being vaccinated is that your risk for getting sick from it is greatly minimized. Thus, please continue to wear your masks and practice social distancing. While we aren't quite through it yet, we will get there!

Article by: Mary Ellen Bove, COO

Photos by: Heath Village staff



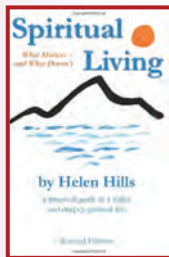
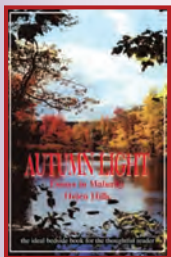
Resident Authors

We are fortunate to have many talented and accomplished residents. I am very excited to share two of them, both authors, with you.

Gus Bourneuf who sadly passed away in January, authored the book *Workhorse of the Fleet*. Following his passing, his wife Carmel very generously donated a copy of it to the Heath Village library. The book is about one of the many innovations that came out of WWII -- Liberty Ships. The biggest advantage of these larger and faster cargo ships was the speed of construction and streamlining of construction methods. They were built in shipyards from Brooklyn to Maine to Savannah to San Francisco.



Our second featured author is new resident, Helen Hills. A Wellesley College graduate, Helen has written four books: *Autumn Light: Essays in Maturity*; *Spiritual Living: What Matters and What Doesn't*; *Making the Dawn Welcome: Essays on Everyday Possibilities*; and *Aging Well: Exploring the Land of Our Later Years*. The essays are based on her 18 years working as a volunteer with an organization that supports elders and, of course, her personal experience. All four books are available in the Heath Village library.



Many thanks to the Bourneuf family and Helen Hills for sharing their books with our community. If there are other authors among the Heath Village family, please let us know. We would welcome the opportunity to celebrate your or their achievement.

Heath Village Residents' Council 2021

The Residents' Council serves as a liaison between the residents and administration and works to improve life and services at the Village. Please do not hesitate to reach out to any one of us with questions or concerns. Thank you. *Edgar Pittenger*



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Edgar Pittenger



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Zoom, Zoom, Zoom!



A year later, it may not come as a surprise to anyone, but the pandemic has fueled a Zoom Boom. Zoom, the popular videoconference platform, has grown from 10 million "daily participants" pre-pandemic to approximately 300 million today. Heath Village is one of those new users. Our community prides itself on being progressive and innovative, so when the pandemic shut down our in-person activities, we were forced to adapt. Zoom has helped us to do so.

In the Housing and Marketing Department, we have used it to pivot from our popular in-person luncheons and biannual Open Houses to a monthly virtual one. The hour-long program includes tours of the campus and two apartments, as well as a resident panel. We are very grateful for our residents who have volunteered to take the leap in to the virtual world with us.

Prospects have found their comments on why they chose Heath Village and what they love most about community living very helpful.

Marketing has also been offering virtual seminars for residents and members of the public. We have hosted six on-line programs on a variety of topics from *The New Normal in Real Estate*, *Medicare*, *Time to Get Organized* to a *Farm to Table Cooking Demonstration* with Heath Village Executive Chef Brian Bagrier and Donaldson Farms and a *Naturally Nutritious* program.

Activities has also joined in with the Zoom Boom. They are excited to now offer online exercise classes thanks to Wendy, our fitness instructor. Wendy has created a Heath Village fitness video library available to our residents only. To learn more, please contact activities at 908-684-5102.

While we look forward to resuming in-person events, Zoom has served Heath Village very well. Residents, prospects, and families seem to enjoy the flexibility it offers. Residents interested in learning more about Zoom are welcome to contact Melissa Nichols in Marketing at 908-684-5006.

Save-the-Date Upcoming Virtual Programs

To stay informed about all of our upcoming programs, please follow us on Facebook or check our website.

April 14: Gardening: Raised Bed Basics. Raised garden beds offer a practical solution for those who garden in limited spaces and for gardeners who have physical limitation. Our presenter, Master Gardener Linda Zenkert, will discuss the basics for making your garden bed a beautiful one.

June 1: Scrumptious Strawberries. A virtual cooking demonstration with Heath Village Executive Chef Brian Bagrier and co-hosted by Donaldson Farms.



Newcomers



Joan Anfinen,
from Long Valley, NJ
to Apt. 220



Len Anfinen,
from Long Valley, NJ
to Apt. 220



Naomi De Vito,
from Parsippany, NJ
to Apt. 204



Dr. Ed Glasscock,
from Mendham, NJ
to Apt. 243



Helen Hills,
from Warwick, MA
to Apt. 90



Calliope (Poppy) Holl,
from Hackettstown, NJ
to Apt. AC-21



Beverley Kinney,
from Hamburg, NJ
to Apt. 239



Ellen G. Landau,
from Mendham, NJ
to Apt. 135



Patricia Murray,
from Wayne, NJ
to Apt. 6



Marie Nazzaro,
from Newton, NJ
to Apt. 267



Ray Nazzaro,
from Newton, NJ
to Apt. 267



Patricia Noonan,
from Hamburg, NJ
to Apt. 240



Josephine Sotak,
from Linden, NJ
to Apt. AB-3

Let it Snow!

Let it Snow, let it Snow, let it Snow...so the song goes and, boy, did it ever do just that this winter. It sure made for some fun winter activities and beautiful photos but also a whole lot of work for the grounds crew. One resident said it best, "from hand shovels to various size snowblowers, earth movers and flatbed trucks – it was like watching a ballet...kudos to grounds!"



In Memoriam

Walter Graney	12/30/20	Richard Hogoboom	01/20/21	Robert Buerhaus	02/04/21
James Taylor	01/01/21	Barbara (BJ) Cardinali	01/20/21	Lisle Switzer	02/07/21
Virginia Collins	01/04/21	Ralph Boe	01/22/21	Lawrence O'Brien	03/10/21
Augustin "Gus" Bourneuf	01/14/21	Mary Anne Kellerk	01/25/21		

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"I have never been able to sit back and do nothing when I see someone in need. If this annuity will help a fellow neighbor, then it's the right thing to do." Ellen G. Landau

For more information about how you can support the Friendship Fund, please contact Patrick E. Brady, Chief Executive Officer at 908-684-5021.

The Friendship Fund Charitable Gift Annuity

Making an annuity gift: You irrevocably transfer money or securities to our Friendship Fund. In exchange, we pay you (and another, or a survivor, if you like) a fixed amount annually for life. In effect, your transfer is doing two things -making a charitable gift and purchasing a fixed income for life.

Income tax benefit: You get an income tax charitable deduction in the year you make your gift. If you let us know your date of birth and the amount of your contemplated gift, we can calculate your deduction.

How annual payments are taxed: A large portion of each annuity payment received is tax-free. The tax-free amount is fixed at the outset and remains constant for the period of your life expectancy.**

The rate of return is attractive and guaranteed for life - without investment worries or responsibility.

Rate Examples: One-Life Annuity Rates 1/1/2020

Age**	Rate
75	5.4 %
76	5.6 %
77	5.8 %
78	6.0 %
79	6.2 %
80	6.5 %
81	6.7 %
82	7.0 %
83	7.2 %
84	7.4 %
85	7.6 %
86	7.8 %
87	8.0 %
88	8.2 %
89	8.4 %
90+	8.6 %

The Friendship Fund Charitable Gift Annuity is a wonderful opportunity for giving, as it benefits the donor as well as residents of Heath Village. We hope that you will discuss this opportunity with your legal or financial counsel.

Enjoy campus life at HEATH VILLAGE A UNIQUE RETIREMENT COMMUNITY

Independent living in one of the garden-type units ranging in size from studio apartments to two-bedroom cottages. Dining and meal plans are optional.

Hotel-style living in **Heath House** where meals, housekeeping and linen services are included.

Mayflower House is a residential health care facility with 24 hour staff, meals, housekeeping, laundry, medication monitoring all included in the monthly cost.

The Meadows Nursing & Rehabilitation offers long-term care, sub-acute, rehabilitation and respite care services in a new state-of-the-art facility.

All monthly rates include 24-hour emergency call service and annual carpet cleaning; use of lounges, chapel, library, swimming pool, computer equipment, craft rooms, fitness center and other community facilities; bus service to Hackettstown, club cart service within the Community and on-site parking.

*Affordable monthly rates.
Optional community fees.
Come and see for yourself.
Call 908-852-4801 for an appointment.*